

# Ottawa Jewish Bulletin

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## ISRAEL BOND DRIVE GAINS MOMENTUM

### Israel Bonds in the Year of "Chai"

I feel deeply honoured to have been named to the post of General Chairman of the 1966 Israel Bond Drive in Ottawa. The primary object of Israel Bonds is to promote the economic development of the State of Israel.

The development of Israel represents a challenge not only to the Jewish community but to all persons interested in justice and the progress of democracy throughout the world. Israel is the keystone of Jewish survival, a symbol of the fruition of the ideal of freedom and human dignity which is at the core of Jewish tradition.

The Israel Bond Drive provides us with an opportunity to become partners with the people of Israel in developing a young nation which has inspired the whole world with its courageous pioneering and successful economic growth in the face of many serious obstacles and hardships.

The response to the Israel Bond Drive last year was an inspiring demonstration of the strong ties of the Ottawa Jewish Community with the State of Israel. In wishing all of you and yours a healthy and happy New Year, I am satisfied that Ottawa will once again be in the forefront of Israel Bond sales in this year of "Chai", the eighteenth anniversary of the establishment of the State of Israel.



Nordou Vineberg

### Yom Kippur Appeals in Synagogues Are Key To A Successful Campaign

Spurred by the leadership of General Chairman Nordou Vineberg and Women's Division Chairman Mrs. M. Ralph Berke, the Ottawa Israel Bond Committee has embarked on its 1966 campaign with determination and optimism.

Enthusiastic committees have been meeting since early July in preparation for an all-out effort to enlist Ottawa Jewry's support for the Israel Bond program — a major source of funds for development purposes in the young state.

With the approach of the High Holy Days, the drive moves into its most intensive period of activity, highlighted by the Yom Kippur appeals in the Synagogues. Campaign planners have been impressed with the commitments made at several advance functions which traditionally set the tone for the Synagogue appeals.

On the calendar for the next few weeks as well as such features as the chic France-Israel Fashion Show on September 27 and the Third Annual Ambassador's Ball on October 29 which has gained increasing acceptance as a highlight of the entire social season. Many new purchasers are expected to be added to the rolls through other organizational events and person-to-person solicitations.

Ottawa's record of Bond purchases over the years has been held up as an example to communities throughout the United States and Canada. Since 1953, over two million dollars in bonds have been sold here and at no time have there been less than 800 purchasers in any one year. Many people in the community have already had the privilege of redeeming their bonds in person.

The impact of the 1966 Drive has been heightened by the problems still to be resolved in Israel, despite monumental achievements in eighteen years of independence, which she celebrates this year. Giant strides have been recorded on many fronts, but she is still far from being secure and economically viable.

A great backlog of unmet needs face Israel in this year of "Chai". To solve them, Israel will need bond dollars for some time to come. The Ottawa Committee is hopeful that the Jewish community's response will continue to be swift and certain.



Myer N. Drozin

### J.N.F. To Honour Myer N. Drozin Sunday, Dec. 4

The unanimous selection of Myer N. Drozin as the guest of honour at the Annual Negev Dinner has been announced by Harry Weidman, president of the Jewish National Fund Council of Ottawa.

Mr. Drozin is to be cited for "his exemplary service to the religious, communal and Zionist life of the Jewish Community of Ottawa for more than thirty-five years".

The testimonial banquet will take place on Sunday evening, December 4 at the Jewish Community Centre. Lawrence Freiman is chairman of the Negev Dinner Committee. Alex Betcherman and Hyman Bessin are vice chairmen.

In view of the wide appeal which the dinner will generate, organizations and individuals are asked to reserve the date and refrain from scheduling any other functions that evening.

### A Call To Action

1966 — year of "Chai" and 18th Anniversary of Israel's Independence is one that should be marked with the highest record in the sale of bonds, because "Chai" has a unique significance, especially to women, since we give forth "life" just as Israel has given new life and new hope to the Jewish people everywhere. This is the achievement which Israel bonds helped bring into being. Let us then, as women, put the "Chai" into the Israel Bond Drive by selling more bonds both to old and new purchasers.

The Women's Division of State of Israel Bonds looks forward with a great deal of pleasure to actively participating in the 1966 Bond Drive. We have established an enviable record in the sale of Israel Bonds and I am quite confident that with the usual cooperation and dedication of the women's organizations, this proud record will be continued.

Your Executive looks forward to greeting all of you at the functions planned for this year.

May the year of "Chai" bring health and happiness to all of us and a sense of accomplishment as true daughters of Israel.



Mrs. M. Ralph Berke



### PACESETTERS MEETING SETS TONE FOR DRIVE

An auspicious beginning for the 1966 Ottawa Israel Bond Drive was made on August 4 when pacesetters gathered at the Jewish Community Centre for their annual kick-off meeting. Seated from left to right are Mattityahu Dagan, counsellor, Embassy of Israel; Mervin Mirsky, president, Ottawa Vaad Ha'Ir; A. Louis Achbar, Immediate past general chairman; Nordou Vineberg, general chairman; Alex Betcherman, honorary chairman; J. Harold Shinkman and Hyman Bessin, honorary

president, Ottawa Vaad Ha'Ir. Standing, left to right: Harold Pearl, city manager; Nathan Zelikovitz, Irving Lithwick, Gordon Raston, Lou Weiner, Joseph Shmelzer, Alex Sherman, Jacob Boker, Nop Kapinsky, vice-chairman; Saul Agay, vice-chairman; Salomon Zelikovitz, honorary vice-chairman; Abe Palmer, vice-chairman and Martin K. Levinson. Others present were unable to stay for the photograph.

### High Holy Days Begin Wednesday at Sunset

Wednesday evening at sunset, Jews the world over will usher in Rosh Hashanah and will mark the inception of the Jewish New Year 5727 in a solemn and reverent manner. Rosh Hashanah begins the Ten Days of Penitence which culminate in the fasting and in the religious services of Yom Kippur, the Day of Atonement.

This year, Rosh Hashanah begins at sundown on Wednesday evening, September 14 and ends after sundown on Friday, September 16. The Hebrew calendar records the beginning of the Holy Day as the first of Tishre, 5727. Yom Kippur begins at sundown, Friday, September 23 and ends after sundown on Saturday, September 24.

Consult your Synagogue bulletin for schedules of services and other details.



## Personally Speaking

By Mervin Mirsky

President, Ottawa Vaad Ha'ir



Because we are approaching the New Year and I will shortly be terminating my period of office, I think it timely and necessary that I point out to the Jewish Community of Ottawa the principal problems that will face the new executive.

At the time of my appointment, my only comment was that I was convinced of the proposition that "water seeks its own level", and that each Jewish institution would attain that degree of success which its purposes and members entitled it to attain. This has been the story over the past two and a half years, and it really has been a period of sound, healthy growth and a period during which no real crises presented themselves.

But here are the issues:

### 1. FINANCIAL

Practically every institution that comes under the Vaad requires funds. Enlargement of existing facilities and new facilities require more funds. Increases in costs of materials and personnel raise this demand for funds even higher. But the facts are that this community has reached a plateau as regards the total sum of its contributions, and projected collections over the next few years will not cover expenditures.

### 2. JEWISH EDUCATION

Many people in our community are not happy with our system of Jewish education. The Ottawa Talmud Torah is the largest beneficiary of funds from our appeal for local requirements and its estimates indicate a continuing increase in its requirements. If it is fulfilling effectively the needs of the community, it is a bargain at any price — if it is not, then it is an unfair burden cast by your executive on the members of the community. There are two aspects of the problem — the first being administrative, and the second ideological. The administrative problem went through a very difficult period but is very nearly solved. The ideological one, while being the less critical, will prove in the long run to be the most important, because it is my opinion that its solution will go to the very root of the number of students attending the school and there is in my mind a complete interrelation between attendance and expenditure.

### 3. LEADERSHIP

Leadership in the community is not being perpetuated to the degree it should be. The dedicated, generous and hard-working people who are responsible for bringing this community to where it presently stands are being diminished by death and old age. There has been no rush of the next generation to succeed them (with the notable exception of our Leadership Development Group) and if current attitudes are any indication, the succeeding generation after the second one is going to be in far more difficulties. Indifference might well be the eventual undoing of the organized Jewish community of Ottawa.

In my mind, the above represents the major problems that will have to be faced in the forthcoming year and succeeding years. I can tell you that because your outgoing executive have been fully aware of these matters, there has been a considerable amount of time and effort placed into solving them, and I think that with persistence they can be solved.

I wish to thank you for the trust that you placed in me during my term of office and would like to ask you to extend the same support and encouragement to my successor when elected.

## A Happy New Year To All

The officers, members and staff of the Ottawa Vaad Ha'ir join me in extending best wishes to you and your families for a year of good health, happiness and prosperity.

Let us hope that the new year will bring peace to all mankind, security for the people of Israel and fulfilment of our objectives as a united community.

L'shanah tovah tikatevu.

MERVIN MIRSKY  
President, Ottawa Vaad Ha'ir

Hunger, fear and poverty take no holiday

START THE NEW YEAR RIGHT

BY PAYING YOUR PLEDGES TO YOUR

OTTAWA CAMPAIGNS FOR ISRAEL AND LOCAL NEEDS

## Confrontation - 5727

We are all seized with the overwhelming problem of assimilation which confronts us in Ottawa. It is, of course, a universal problem which springs from the precarious situation of diaspora Jewry. This situation is the product of our time: the protective segregation of the Jewish communities has disappeared, emancipation is acknowledged almost everywhere, the great centres of Jewish life in Europe are destroyed, Jewish tradition and Jewish living have largely lost their hold upon the masses and a new generation of homeborn Jews has come up which is absorbed in the culture of its environment — in brief, it is extremely difficult to preserve our distinct individuality in the midst of a free society.

There seem to be a goodly number of Jews who feel embarrassed by their religion. I sometimes meet people who go out of their way to minimize their Jewishness in the sight of their neighbours, as if their Judaism was only for the secret recesses of the home, but never to be mentioned outside. They are sometimes possessed of a complex to hide, ostrich-like, the distinctive elements of Jewish life. The Jewish faith must not impede their social aspirations or their careers. There is a certain artificiality, and even an air of insecurity about them. But the majority are just drifting, thoughtlessly and without conviction, from the core of living Judaism towards a marginal Jewish affiliation which is anaemic and unsatisfying. A mixture of traditionalism and sentiment keeps them attached to the Synagogue, but they balk when a real sacrifice is demanded.

Finally, there are those positive elements who are interested in the preservation of the Jewish people, but believe that this could be attained without the burden of the Mitzvot. They find substitutes for the Torah; Jewish feeling, philanthropy, social outlets, Israel, etc. They do not realize that in the long run they are destroying the lasting essence which alone justifies and at the same time secures the survival of the Jewish community.

The reveille call of 5727 alerts us to the fact that there are many tasks which are vital to the life of the community, and they are closely related to one another. One cannot, for instance, separate the question of education from religious observance or the duty towards Israel from Synagogue worship. But speaking in general terms, our community is in great need of a new awareness that the process of gradual assimilation in the midst of freedom and prosperity represents a grave danger to our survival, and that only by preserving our distinctive religious way of life can we avoid dissolution. It is a question of life and death, and the complacency and half-heartedness of many Ottawa Jewish families fills me with deep misgiving concerning the future. Let all recognize that we cannot survive without the desire to be true to ourselves and this involves more than sentiment and habit. It involves a real commitment in belief and action and an upbringing that thoroughly trains our children in Jewish loyalties.

May I take this opportunity of wishing all members of our Ottawa Jewish Community a Happy New Year. May the Almighty bless you all with good health, happiness and joy for the coming year.



Robbi Simon L. Eckstein  
Congregation Beth Shalom

## Month of Negotiations

The month of Elul for Jews is a time for negotiations with our Creator. In this month, we come before G-d asking for better conditions for the coming year; good health, prosperity and peace of mind. For some, the records of the past year may contain acts of charity, of human kindness, of religious devotion. But for those whose records are bare of these acts, how will they petition the Almighty? Will these very same people stand before Him with humbleness and humility, beseeching Him in a soft voice for a good year?

When we recite the prayer of Ovinu-Malkenu, each part is said aloud with the exception of the final plea which is said softly. This prayer reading, "Choneynu v'oncynu ki eyn bonu ma'asim" "Be gracious to us and answer us, though we have no merits, deal charitably and kindly with us." The Dubner Maggid's parable clearly illustrates the reason for the quiet ending. "There was once a merchant who came into a large warehouse and ordered many yards of assorted merchandise for his business. He called out his order in a loud voice, to be sure that it reached the ears of the bustling clerks. When he finished, he took the proprietor aside and whispered to him that he had no cash. Would the proprietor please extend him credit?" Similarly, we ask loudly for personal necessities and then softly, ask for G-d's beneficence.

When labor strikes against management, seeking to improve their conditions, meetings are held until satisfactory compromises are reached. Between man and G-d, there can be no compromises. We certainly do not wish the Almighty to compromise on our request for good health! We desire of Him complete fulfillment on all requests. Therefore, let us make a sincere attempt to fulfill in the New Year His wishes to follow the tenets of our faith. It is then, in the coming year, when we present our records of good deeds that G-d will be prepared to "do business" with us again the next year and negotiate with us for a year of good health, sustenance and contentment.

My family and I wish you all a K'Sivah V'chashimah Tovah.



Robbi Abraham Rubin  
Cong. Machzikei Adas-B'nei Jacob



## Interim Report of the Commission on Assimilation and Inter-marriage

by Abraham Hurtig, M.D., Chairman

This committee was first formed two years ago and has had various sporadic meetings in the last two years and intense study has been made of the problem by various members of the Commission.

The Vaad has consented to the hiring of Dr. Ben Lappin as a consultant and the delineation of our activities in the future has been more definitely proposed.

It is obvious to all concerned that the behaviour of teenagers and adolescents has become an acute social problem, not only in our community but in all segments of the city and in fact throughout the country. It is of more vital impact in the smaller minority ethnic groups and much more so among the Jewish groups because the percentage of intermarriage last year has been reported by the Canadian Jewish Congress as high as twenty-five per cent.

The enclosed letter by one of the thinking members of our Commission expresses our fears very greatly. With her permission we are publishing it below.

The Commission as a whole feels that if parents financially support continuing interfaith dating, that it is of absolutely no use what soever to cry havoc when an imminent interfaith marriage is going to occur.

We are appalled at the ignorance of the parents and of the older teenagers of their recent history and traditions and the blame for what is happening must fall upon those who do not see it that their children understand why and who they are and what their traditions represent. Perhaps groups of sermons should concentrate on what they should believe.

This Commission cannot change the community in a day. We have studied communities throughout North America and are impressed by the system in Mexico where the Community Centre is open seven days a week, especially during the Holy Days when teenagers have chances to assemble and are im-

pressed by the fact that their teachers are supplied on contract by the Israeli Government as a bonus.

There is no doubt that the active voluntary and non-paid participation of the eighteen to twenty-two year old age group in service to the community and especially the Library which should always be available, needs to be arranged. The presence of this group during services would be encouraged by giving them the honours on the Bima, mostly reserved for their parents.

These remarks must be taken as my own private opinions and not those of the Commission as no hard findings of the Commission as yet have been made.



Commission Consultant

Dr. Ben W. Lappin, assistant professor, School of Social Work, University of Toronto has been named consultant to the Commission on Assimilation and Inter-marriage. Before assuming his teaching post, in 1958, Professor Lappin was for ten years executive director, Central Region, Canadian Jewish Congress. He has a particular interest in the study of Jewish identity and is ideally equipped to guide the Commission in its work from the point of view of his academic background and as a social work practitioner in the field.

Dear Dr. Hurtig:

I have read your notice dated August 4 sent to members of the "Commission". There is one pertinent aspect of Jewish life which I think may be overlooked in the breakdown under Organizational Audit. This facet specifically relates to the role and responsibility of the community towards the 12-15, 16-18 and 19-24 year olds. Although the subheading (b) might cover this point, the way in which the question has been phrased may inadvertently direct attention away from a void in our community life.

It is axiomatic that teens and young adults need a social life. There are few parents who are strong-minded enough to prevent their children from inter-faith dating. At the same time, there are few young adults who would not resent such restrictions in the face of limited intra-faith dating possibilities.

If I have correctly understood the role of the Commission (to be a fact-finding body which may make recommendations to the Vaad), then I feel that we should interest ourselves in these vital years of our teens and young adults when "dating" provides the pattern for later marriage commitments. We should investigate what facilities and outlets are available in other communities and determine how we might enlarge the restricted confines of our own community to include those of Montreal and Toronto by sponsoring inter-city sports, debates, drama festivals and social visits based on historical or religious occasions.

Perhaps another subheading could be inserted under Organizational Audit, "Teen Age and Young Adult activities — a) what outlets are presently available and b) are these performing their maximal role in our community life?"

I would be interested in associating myself with this aspect of the Commission's work if it is accepted as a worthwhile project.

August 12, 1966

Sincerely,  
Pearl Weinberger.

## High Holiday Message

Someone once said about "the good old days" that "they were not so good when they were not so old". People have an aversion to change — they love the comfortable old slipper. The known is the secure — to meet the unknown is to feel insecure. Even a new tune in the Synagogue service brings howls of protest.

Rosh Hashanah is the annual reminder that the passing of time points out that change, however unpleasant it may seem to be, is the rule of life rather than permanence. Most of us tend to see it only in ourselves and others — where the ravages of time are immediately obvious. But it is even more true of institutions, mores, values and human affairs.

The characteristic of our day is the rapidity of change — so rapid that we cannot keep up. It was asked that when Klaus Fuchs, the German scientist convicted in England for espionage for Soviet Russia was released, whether his return to East Germany would not be dangerous in light of his vast knowledge of nuclear physics. A British physicist answered that so much new knowledge was gained during the seven years that Fuchs had been in prison, that he could never catch up and, therefore, his release was not dangerous to anyone.

Knowledge has increased a hundred fold, our understanding of the universe — the power structure of the world has changed. The mode of living, social relationships, technology — all this so rapidly that the mind cannot grasp.

And, of course, our own Jewish community in Ottawa has also changed. Even in the five years that I've been here, a change in the complexion of the community is visible. It is not only that Jews have moved to other parts of the city. There is more diversity in the community, and therefore more vigorous questioning. The diversity is being achieved or can be achieved without sacrificing the nature of unity in this community. At one time this community was smaller and more homogeneous. To recapture the past is at best futile, at worst foolish.

What we must do is to apply the peculiar insights of the past to the present and the future. This community will change and change much more in the next few years. Hopefully the changes will enhance our community. Let us be prepared not to resist these changes but rather to offer them the unique qualities developed here over the past. Let there be a sense of loyalty and commitment. Thus we can have a spectrum of different shading making for vitality and interest and yet one merging into the other.

At this New Year our thoughts, of course, must go beyond the limits of this community. All of us are aware of the precarious nature of the war-peace in which we live. Let us hope that tension will lessen, that bloodshed will cease. All of us are aware of the plight of Jews in the Soviet Union — we pray that their burdens be lifted. All of us are thankful for the State of Israel and aware of her growth over the past eighteen years, are still aware of her needs and the dangers ever present. Let us pray that the dangers will fade and that we will help meet the needs.

To the entire community, Mrs. Friedberg and I wish "Shn'at Brachah V'chayim" a year of blessing and life — a year of God's peace.



Rabbi J. Benjamin Friedberg  
Congregation Agudath Israel

## Commission On Assimilation and Inter-marriage

First part of the proposal submitted by Professor Lappin. Succeeding issues of the Bulletin will carry his remaining thoughts on the way the Ottawa Jewish Community can study the problem.

### Preamble

The Jewish community of Ottawa happens to be one of the very few, if not the only, in Canada to bring to bear its central communal organization (i.e. Vaad Ha'Ir) in the emerging struggle against the problem of assimilation currently occupying North American Jewry as a whole.

The work of the Commission to date has been extremely useful in articulating the problem, in arousing within a core of laymen a desire to come to grips with it in a concerted and ordered way. The Commission is on the verge of translating its intentions into action despite its awareness that the problem of assimilation and its consequence are veiled in obscurity not only for Ottawa but for North American Jewry in general.

Hence the assumptions and the activities generally approved at the Commission meeting on Sunday, January 9, 1966 were tentative in nature, rooted in the awareness that future developments both in Ottawa and in other Jewish communities may reveal insights and approaches which may very well have a modifying effect on the suggested programme which is herewith submitted to the Vaad Ha'Ir.

This pragmatic approach is true of course of much of our community work and helps to ensure a self-corrective outlook as the task ahead is tackled.

### The Problem

The motivating factor in the creation of the Commission has been the increasing rate of intermarriage in Ottawa. This of course holds true for the Canadian and North American scene as a whole. As Louis Rosenberg points out in his Canadian Jewish Population Studies, the intermarriage rate among Jews in Canada has increased from 5.3% in 1933 to 18.5% in 1963.

The materials accumulated by the Commission thus far cite at various points the fact that parents of children either already intermarried or contemplating intermarriage appear at the rabbi's study asking over and over again the pain-racked question: "Where have I gone wrong?" At the same time, the Commission records also indicate that intermarriage is an end result, that little can be done at the point

where such marriage is being contemplated or has been entered into.

Intermarriage is therefore seen by the Commission as a symptom and a programme must confront not the symptom but the forces at the base of the increasing intermarriages. A number of these forces were discussed at some length at the meeting on January 9, and some of the underlying causes of our current condition in the Jewish community might be summarized briefly:

1. Jewish parents who are now in their middle age constitute a part of the overall generation which has come to value rationality above tradition. The scientific revolution has taught us to examine every phenomenon in the light of its functional relationship to life and tradition has lost a great deal of its validity as a way of sustaining family and community life today.

2. Ours is the first Jewish generation on the American scene to put freedom to work in the interests of equal opportunity. Having secured to a very large extent equality of opportunity, the traditional Jewish drive for learning has been transmuted into a drive for professional knowledge and secular scholarship. Energy being a scarce resource, much less effort is available than in the past for devotion to pursuits specifically Jewish.

3. As a part of the American community, we have adopted the pragmatic approach to life. We seek to involve ourselves in manageable jobs, in immediate goals that are tangible and achievable, rather than the quest after other-worldly and other less concrete preoccupations associated with a spiritual quest. The result is that Judaism has been largely transformed into a pursuit of the more visible "service Ideal" on the North American continent. We have been immensely successful in such tangible activities as fund raising, in the establishment of social agencies and religious institutions which often are as much concerned with social and recreational activities as with spiritual problems.

4. As a community located mainly in the upper and middle class socio-economic strata, we have become heavily concerned with the consumption of material goods and the less concrete, more abstract

(Continued on page 6)





### LOUIS STEINBERG HONoured BY BONDS

A Testimonial Reception was given on August 22 by Mochizkei Adas Congregation and Ottawa Israel Bonds to honour Louis Steinberg for his many years of dedicated service to his Synagogue of which he was a founder and for communal activity. Shown with the guest of honour is Nordou Vineberg, general chairman, who presented the "Chai" plaque to Mr. Steinberg and Mochizkei Adas Bond co-chairmen, Saul Satlow and David Appel. M. A. Appel, national campaign director of Bonds for Canada addressed the meeting and Lou Mason entertained.



### BONDS HONOUR BENJAMIN FEINSTEIN

On August 21, B'nai Jacob Congregation and Ottawa Israel Bonds tendered a Testimonial Reception in the Vestry in honour of Benjamin Feinstein for his devoted services to his Synagogue and charitable organizations in the city. Shown with the guest of honour is M. A. Appel, national campaign director of Bonds for Canada who made the presentation of the "Chai" plaque and Reuben Kolin, who acted as chairman in the absence of Alex Sherman, Bond Chairman of B'nai Jacob. Mr. Appel was the guest speaker and Lou Mason entertained.



### ISRAEL SHALOM CITED FOR SERVICE

Israel Shalom, vice-president of the Histadrut League and one of its most ardent Zionist and communal workers for almost thirty years was honoured at a Testimonial Dinner tendered by the Labour Zionist Council and State of Israel Bonds on September 11 at the Jewish Community Centre. Mr. Shalom is shown accepting the "Chai Plaque" from Nordou Vineberg, Bond general chairman. Harry Rosenberg, chairman of the dinner looks on. Abbie Ben Ari, director of the Israel Government Tourist Office in New York was the guest speaker. Paul Kligman entertained.

### In Appreciation

In the interests of economy, the 1966 Israel Bond story which would have appeared in a separate BIG News is being carried in the pages of the Rosh Hashanah issue of the Ottawa Jewish Bulletin.

The State of Israel Bond Organization believes readers will welcome this move and wishes to extend its appreciation to the Ottawa Vaad Ha'ir and its staff for their co-operation.

## Couturier Collection Will Be Featured In France-Israel Fashion Show September 27

The famed France-Israel Collection will have its Ottawa Premiere at the Second Annual Israel Bond Fashion Show on Tuesday, September 27 at 12:30 p.m.

Mrs. Max Zelikovitz, Fashion Show chairman, has announced final plans for the gala showing of this outstanding collection at the Chateau Laurier Hotel.

The collection features twelve designs created by Hubert de Givenchy, the world-renowned French designer. More than half have been created from Israeli textiles as his personal salute to the developing fashion and fabric industries of the young nation.

Also included are more than thirty models created by Israel's foremost designers and manufacturers. The editor of the women's section of a prominent newspaper in one of the cities where the collection has already been shown said the collection contained "some of the season's most exciting clothes".

The commentator will be Mrs. Michael Comay, wife of Israel's Permanent Representative to the United Nations who is well-known



Mrs. Max Zelikovitz

as a lecturer in Canada and the United States.

This year, the Fashion Show offers 1966 Bond purchasers a chance to win one free first-class round-trip ticket to Italy and Israel. Alitalia Airlines will jet the lucky winner from Montreal to



Mrs. Michael Comay

Rome for an Italian holiday before proceeding on to Israel.

Ticket conveners for the Fashion Show are Mrs. Stanley Glube (729-2443) and Mrs. Morton Teller (733-6726). Tickets are \$2.50 per person and will not be available after September 25.



### INAUGURAL ORGANIZATION MEETING LARGEST ON RECORD

The 1966 Ottawa Israel Bond Drive was inaugurated on July 14 at the Jewish Community Centre. The meeting attracted the largest opening attendance on record with representation from every Synagogue and organization in the community. Shown at the head table from left to right are: Mrs. Fanny Reich, director, Women's Division, State of Israel Bonds, Montreal; Moriyahu Cogan, councillor, Embassy of Israel; Mervin Mirsky, president, Ottawa Vaad Ha'ir; A. Louis Achbar, immediate past general chairman; Nordou Vineberg, general chairman; Mrs. M. Ralph Berke, chairman, Women's Division; Alex Betcherman, honorary chairman; Mrs. Norman Toornow, immediate past chairman, Women's Division and Harold N. Pearl, city manager.



### WOMEN'S DIVISION PLANS 1966 PROGRAM

The Women's Division held an enthusiastic meeting on August 17 in the Jewish Community Centre to plan its Bond program. Seated from left to right are: Mrs. Bessie Slone, Mrs. Morton Teller, vice-chairman; Mrs. Grete Cohen, honorary vice-chairman; Mrs. M. Ralph Berke, chairman; Mrs. Max Zelikovitz, vice-chairman; Mrs. Harry Shinder, vice-chairman; Mrs. Ben Edelson.

Standing left to right: Mrs. Harry Soloway, Mrs. Percy Addelman, Mrs. Oavid Mokow, Mrs. Morton Plot, Miss Olive Pullon, Mrs. John Greenberg, Mrs. Louis Goldstein, Mrs. Liza Kouffman, Mrs. Beatrice Morris, Mrs. Dennis Newton, Mrs. Sol Gertzman, Mrs. Harry Plot and Mrs. Israel Glustein.

### Etrogim For Succot Festival

As a service to the community, the Ottawa Vaad Ha'ir has again made arrangements to supply Synagogues and private individuals with Israeli etrogim at cost price.

Anyone who wishes to purchase an etrog for Succot is asked to call the Office of the Vaad Ha'ir at 232-7306.

### Ottawa Modern Jewish School

Instruction for boys and girls in the 6 to 12 age group is offered in Hebrew, Jewish language, History and Literature, Bible Studies and Judaism.

Classes are held on Sundays from 10:00 A.M. to 1:00 P.M. and Wednesdays from 4:30 P.M. to 6:30 P.M.

FOR FURTHER DETAILS PLEASE CONTACT  
THE REGISTRAR — Mrs. B. Leckie — 235-0612





### PAY TRIBUTE TO A. LOUIS ACHBAR

In recognition of his leadership and dedication as general chairman of the State of Israel Bond Drive in Ottawa for the years 1964 and 1965, A. Louis Achbar was presented with an illuminated plaque in Miami earlier this year. Shown with Mr. Achbar are D. Lou Harris, national chairman for Bonds in Canada and Kalman Berger, Toronto, regional chairman, Labour Zionist Movement in Canada, who made the presentation.



### BOND LEADERS MEET IN MIAMI

Present at the brunch for Canadian women at the Barcelona Hotel in Miami earlier this year were left to right: Mrs. Albert Brunberg, president of the Senior Chapter of Mizrahi and Council Bond Chairman, Mrs. Horold Fanoberio, chairman, National Women's Division who extended national greetings from Canada and Mrs. Gershon Avner, wife of the Ambassador of Israel to Canada who brought greetings on behalf of the Embassy of Israel.



### THE GEULA GILL TRIO

Attractive, petite Geula Gill will be the featured performer when the Geula Gill Trio appears at the Ambassador's Ball on October 29. "Miss Gill is a singer with a vibrant voice, resonant and clear over which she exhibits complete mastery", writes Nick Lapole in the N.Y. Journal American. And R. Shelton in the N.Y. Times comments: "she has an agile technique... her voice displayed flashing gypsy devices... she seems as much at ease in Spanish, Italian, Greek and Portuguese as she does in Hebrew and Yiddish material." Not Hontoff in Hi Fi Stereo Review describes her as a singer "capable of true virtuosity... few singers in any area can equal her skill."

## Ambassador's Ball On October 29 To Close 1966 Bond Drive On Enjoyable Social Note

Ottawa Bond purchasers are eagerly looking forward to the Third Annual Ambassador's Ball which will be held on Saturday evening, October 29 at the Jewish Community Centre. His Excellency Gershon Avner, Ambassador of Israel to Canada and Mrs. Avner will be the guests of honour.

Mrs. M. Ralph Berke, chairman of the Women's Division will chair the popular affair. She is being assisted by Mrs. Harry Shinder and Mrs. Morton Taller, vice-chairmen of the Women's Division as well as by Mrs. Max Cohen, the honorary chairman and other members of the Division.

The guest artists will be the Geulah Gill Trio, featuring Geulah Gill, one of the most exciting singing stars of our time. She moves from one language to another with enviable facility and has left audiences and critics all over the world bewitched through her appearances on concert stages, television, radio and in nightclubs.

Mrs. Paul Weiner will be responsible for general arrangements. The ticket convener is Mrs. Samuel (Anne) Taller (733-5394); Mrs. Harold Pearl (234-0816) and Mrs. Joseph Shmelzer (235-1369) are reservations conveners. Bond pur-



His Excellency Gershon Avner



Mrs. Gershon Avner

chasers should make their reservations as early as possible to ensure space. The Ambassador's Ball has become one of the outstanding events of the social season.

Mrs. Berke is a graduate of the University of Toronto and is a life member of ORT; past president of Adath Jeshurun and Beth Shalom Sisterhoods, B'nai B'rith Women's Chapter 421; Women's Division,

U.J.A.; past secretary-treasurer and vice-president, National Council of Jewish Women; on the Executive Board, District 22 B'nai B'rith Women and past chairman, Adult Jewish Institute. She is a member of Hadassah and has also served on the Ottawa Vaad Ha'Ir. During the war, Mrs. Berke was commandant, Food Administration Section, Red Cross and a volunteer civil defence worker.

### Plan Fall Tea For Newcomers

The Reception Committee for Newcomers to the Jewish community is planning its Annual Fall Tea and would appreciate receiving the names of new residents to the city.

If you know of any new families or individuals who have moved into the community, please contact Mrs. Sidney Lithwick 728-4594, Mrs. Sam Hock 728-6312 or Mrs. Irving Greenberg 733-9072.

### Greetings from the Ambassador

Once again I appeal to the Jewish Community of Ottawa to maintain its traditional interest in the economic consolidation of Israel, and to mobilize its maximum generosity and capacity for a record purchase of Israel Bonds.

This year's major economic effort will concentrate on the development, with the aid of public capital through Israel Bonds, of industries in the new-immigrant centres where there has recently been some unemployment.

Thus, Bonds will help to cure this weakness, whilst at the same time boosting Israel's exports. In this way Israel will make further progress towards economic viability.



### FASHION SHOW COMMITTEE MEETS TO DISCUSS PLANS

The 1966 France-Israel Fashion Show Committee has been at work for weeks to ensure that it will be one of the outstanding features of this year's Bond Drive. The group is pictured at a dinner meeting held recently at the home of Mrs. M. Ralph Berke, chairman, Women's Division. Seated: Mrs. Fanny Reich, director, Women's Division, Montreal and Mrs. M. Ralph Berke. Standing, left to right: Mrs. Percy Addelman, Mrs. Stanley Glube, Mrs. Max Zelikovitz, chairman of the Fashion Show; Mrs. Hyman Lithwick, Mrs. Hy Hochberg and Mrs. Morton Taller.



## STATE of ISRAEL BOND ORGANIZATION

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Hyman Bessin  
Honorary President, Ottawa Vaad Ha'Ir  
Alex Betcherman and Lawrence Freeman  
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Rabbi Simon L. Eckstein, Rabbi J. Benjamin Friedberg,  
Rabbi Abraham Rubin

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Stanley Katz	Agudath Israel	Jack Binder
Hyman Gould	Beth Shalom	Jack Vinokur
Dr. Baruch Diena	B'nai Jacob	Morton Taller
Rudolph Appovite	Machzikei Adas	Alex Sherman
		Ben Sadavoy
		David Appovite
		Saul Solove
		Bertram Bronsther

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Gerald Diamond — B'nai Brith  
Abe Palmer — Ottawa Valley

### EXECUTIVE COMMITTEE

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L. Agulnik	Lawrence Greenberg	E. Potchkin
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J. Barrett	M. Greenberg	Dr. I. Rosenberg
S. Baylin	W. Grossman	G. Roston
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S. Caplan	H. Hochberg	A. Segal
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E. Cohen	N. Kapinsky	J. H. Shenkman
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H. Cooper	M. Kizell	I. Shinder
D. Doctor	S. Lampert	J. Shmelzer
M. N. Drazin	E. Landis	I. Shore
J. Feller	H. Levendel	L. Slover
H. Fine	B. Levin	S. Stamer
J. I. Flesher	M. Levin	M. Stein
A. Forberg	M. K. Levinson	J. Steinberg
J. Freedman	A. Lithwick	Casey Swedlove
M. R. Freedman	I. Lithwick	Joe Swedlove
J. Friedman	D. Loeb	Z. Vered
M. Friedman	J. Loeb	L. Vineberg
S. L. Gertsman	N. A. Loeb	H. Weidman
D. Ginsberg	T. P. Metrick, Q.C.	L. Weiner
M. Glatt	Dr. B. B. Migicovsky	P. Weiner
E. Gluck	Laz. Mirsky	Dr. E. Wolstein
H. Goldstein	Dr. S. Mirsky	H. Zagerman
S. Gosevich	D. Molot	N. Zagerman
M. S. Green	H. Nadolny	D. Zelikovitz
G. Greenberg	M. Nadolny	N. Zelikovitz

### WOMEN'S DIVISION

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Honorary Chairman  
Mrs. Norman Toronto  
Immediate Past Chairman  
Mrs. Harry Shinder, Mrs. Morton Taller, Mrs. Max Zelikovitz  
Vice-Chairmen

### COMMITTEE

B'NAI BRITH  
Mrs. S. Gertsman, Mrs. D. Newton, Mrs. I. Wolfe, Mrs. O. Zwicker  
HAAASSAH  
Mrs. A. Betcherman Mrs. I. Glustein Mrs. S. Rothman  
Mrs. G. Bernard Mrs. M. Greenberg Mrs. S. Sabel  
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Mrs. B. Edelson Mrs. J. Lorie Mrs. I. Shapiro  
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### NATIONAL COUNCIL OF JEWISH WOMEN

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### ORT

Mrs. H. Arbutck Mrs. H. Shinder Mrs. N. Tenenbaum  
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Mrs. D. Cantor Mrs. L. Kaufman Mrs. A. Swedler

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Mrs. I. Glustein Mrs. M. Lieft Mrs. N. Torontow  
Mrs. H. Goldstein

### HAROLD N. PEARL

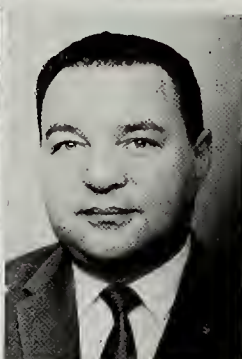
City Manager

STATE OF ISRAEL BOND OFFICE  
151 Chapel Street — 236-7139

## Israel Bonds Salutes Ottawa Synagogues and their Presidents



Hyman Gould  
Congregation Beth Shalom



Stanley Katz  
Congregation Agudath Israel



Rudolph Appovite  
Congregation Machzikei Adas



Dr. Baruch Diena  
Congregation B'nai Jacob

## The Ottawa Talmud Torah Board extends registration deadline to September 30

### HILLEL ACADEMY

Nursery (3-5)	Mornings, Monday-Friday
Kindergarten (5-6)	Afternoons, Monday-Friday
Grades 1-8 (6-13)	9:00-3:45 Monday-Friday

### HEBREW SCHOOL

West End	Grades 1-6
Monday, Tuesday and Thursday	4:15-6:15

Alta Vista	Grades 1-2-3
Tuesday, Wednesday and Thursday	4:00-6:00

Central	Grades 4-5
Monday, Tuesday and Thursday	4:15-6:15

Sunday School	Ages 3-6
Central and West End	10:00-12:00

### HIGH SCHOOL EXTENSION

A three-year course, twice-weekly, for graduates of the Hillel Academy and Hebrew School at 453 Rideau St.

### SCHOOL LOCATIONS

Central — 453 Rideau St. — 234-3377  
West End — 1400 Coldrey Ave. — 728-9315  
Alta Vista — Alta Vista Public School, 1349 Randall Ave.

## ORT Convention October 22-24

Delegates representing O.R.T. Chapters from across Canada will meet at the Park Plaza Hotel in Toronto from October 22-24 for their 9th Biennial Convention. The convention theme is "New Horizons for O.R.T."

International O.R.T. personalities who will report on the global program of Rehabilitation through Training include Dr. Vladimir Halperin, director, World O.R.T. Union; Dr. William Haber, president, World O.R.T. Union; Paul Bernick, director, American O.R.T. Federation and Mrs. Ludwig Kaphan, Women's International O.R.T.

The Ottawa region will be represented by delegates from the three chapters and ungrouped members. For details call Mrs. C. L. Yanover, regional president at 729-0510.

## NEW BOOKS IN CENTRE LIBRARY

### FICTION

Saturday The Rabbi Went Hungry by Harry Kemelman. A mystery, better than its predecessor, "Friday The Rabbi Slept Late", high on best sellers list.

Yosse Kalb by I. J. Singer. The story of Nahum the pious, a saint whose driving passions almost brought about a religious war among the Jews.

The Beginners by Dan Jacobson. A powerful story of a Russian Jewish family, whose fortunes bring them to South Africa and Israel. Best seller.

Angry Harvest by Herman Field. The story takes place during the German occupation in Poland. It is the tragic love story of a young ambitious farmer and a sensitive Jewish girl who takes refuge in his cellar.

The Mission by Hans Habe. The fictionalization of the crucial Evian Conference at which Hitler offered to sell the Jews of Europe to the nations of the world.

The Commissar by Grigory Vinokur. A moving story of Mikhail Kruger, a Russian Jew living in the chaotic times of the Russian Revolution and the times following it. The events of his life make him a witness to the tragedy that befell the Jews. Interesting reading.

### NON-FICTION

In My Father's Court by Isaac Bashevis Singer. In this autobiography, Singer pays homage to his father, a Rabbi in a poor quarter of Warsaw. It is a picture of a world that existed before World War I. On best sellers list a long time.

The Insecurity of Freedom by Abraham Joshua Heschel. In his latest work the author deals specifically with the perplexities of our age and the problems faced by all humanity and all moral teachings.

Sinai Campaign by Moshe Dayan. Tense and hard-hitting, this account by the commander of the brilliant Israeli campaign against Egypt is unique for its candor and unsparing self-criticism.

## Dr. Lappin's Proposal...

(Continued from page 3)

spiritual quest has been relegated to a place of secondary importance.

5. As an American Jewish community, we have deeply internalized the East European model of life built on segregation, and have not yet had time to mold and establish institutions based on the integrated way of life which we enjoy on this continent. In other words, we have in the past learned to give expression to Judaism as a protest to external hostility; Judaism as an expression of inner freedom has yet to find its form and content on this continent.

6. Our youth is not so much in a state of revolt against us as they are extending our own reduced interests in meaningful Jewish existence. Our youth is part of the "disinherited generation" which has become disenchanted with the ideologies of the past, and is actively searching for new meaning. This "identity crisis", as one psychiatrist called it, is characteristic of youth in general today and tends to unite Jewish youth with the young of other religions in the quest for a restoration of identity. This is a common search which cuts across secular and ethnic boundaries.

(To be continued)



# Agudath Israel Congregation Dedicates New Sanctuary

At a solemn service on June 5, Agudath Israel dedicated its new Sanctuary, in the presence of Their Excellencies the Governor General and Mrs. Vanier, His Excellency Gershon Avner, Ambassador of Israel to Canada and Mrs. Avner, leaders of the Ottawa Jewish Community and members of the Congregation.

The Sanctuary, designed by the architectural firm of Lithwick, Lambert, Sim and Johnston, culminated a year long effort and completed the building begun in 1959. The structure, magnificent in its simplicity, follows the overall theme of the building. The striking colour scheme was designed by Phil Eprile of Toronto.

The focal point is the Ark and the Ark Wall. The Ark is actually a Torah Room with each scroll in a specific niche. Two tall gates, representing the two tablets of stone and the traditional curtain (parochet) are in front of the room. The gold drapes beside the

Ark with the traditional Menorah motif were especially designed and woven in Sweden.

The eternal light, in the form of the burning bush, was especially designed and manufactured in Toronto. A work of art for the exterior of the building has been designed by Harry Kelman of Ottawa.

Participants in the impressive service included His Excellency Gershon Avner, Israel Ambassador to Canada, the Honourable Mr. Justice Abraham H. Lief of the Supreme Court of Ontario who delivered the dedication address, Mervin Mirsky, president of the Ottawa Vaad Ha'ir as well as members of the Synagogue and Sisterhood and Men's Club executives.

The service was conducted by Rabbi J. Benjamin Friedberg, Cantor David Aptowitz and the Dedication Choir, directed by Sol Max.



View of the Agudath Israel Sanctuary facing the Ark



## GOVERNOR GENERAL WELCOMED

Rabbi J. Benjamin Friedberg is shown welcoming His Excellency George P. Vanier, Governor General of Canada to Agudath Israel Synagogue, on the dedication of its Sanctuary on June 5. Her Excellency Madame Vanier was also present. Shown with them is Sol Max, chairman of the Dedication Committee and conductor of the Dedication Choir.



## GOVERNMENT HOUSE OTTAWA

6th June, 1966.

Dear Mr. Becker,

I cannot resist the temptation of sending you word after our magnificent experience of yesterday.. the ceremony at the Agudath Israel Synagogue. It was one of the most moving ceremony<sup>s</sup> I have ever attended. In fact, I could not refrain from letting tears roll down my cheeks. The prayers, the singing, the speeches, all was most beautifully done.

I hope you will understand if I say to you one thing that may sound incongruous. I do believe that, if one is a good Christian, one appreciates the Jewish religion all the more. I am sure you will understand what I mean.

With warmest remembrances from both my husband and me.

Yours very sincerely,

*Pauline Vanier*



## BOND SUPPORTERS GATHERED TO PAY TRIBUTE TO...

Louis Steinberg at Machzikei Adas . . . and . . . Benjamin Feinstein at B'nai Jacob



## Book Fund Gifts

The Library Committee of the Jewish Community Centre acknowledges with thanks receipt of the following contributions for the purchase of books:

In memory of Mrs. Kate Adelson of Montreal, mother of Mrs. Piney Pollock, by Mr. and Mrs. Jack Pollock and Mrs. Gertrude Waiser.

In memory of David Baker by Mr. and Mrs. Joe Ages and Mrs. Edith W. Brozofsky.

"The Covenant and the Sword" by Earl Berger, donated by his brother, Gerald Berger.

In memory of Mrs. Frieda Berger of Montreal, mother of Mr. Samuel Berger, by Mr. and Mrs. Morris Zagerman.

In honour of the recovery of Mrs. Hyman Bessin by Leya, Moshe, Berl and Hershel Bessin.

In memory of Harry Bromberg of Malden, Mass. by Mr. and Mrs. Alex Cherun.

In memory of Mrs. Zipora Ellenbogen Rappaport of Israel by Mr. and Mrs. Morton Friedman.

In memory of Rebecca Finkelstein by Mrs. Edith W. Brozofsky.

In honour of the Fiftieth Wedding Anniversary of Mr. and Mrs. Samuel Froman by Mr. and Mrs. Hy Hochberg.

In memory of Mrs. Celia Gandall by Mr. and Mrs. Morley Goldfield and Mr. and Mrs. Hy Hochberg. In memory of Mrs. Lena Glatt by Mr. and Mrs. Morton Baslaw, Mr. and Mrs. Hy Hochberg and Mr. and Mrs. Morris Zagerman.

By Kalman Green, on the occasion of his bar-mitzvah.

In memory of Mrs. Bella Lang of Fredericton, mother of Morris Lang and Mrs. Louis Goldmaker, by Mr. and Mrs. Morton Friedman and Mr. and Mrs. Morton Taller.

In honour of the 25th wedding anniversary of Dr. and Mrs. Harold E. Leslie of Toronto by Mr. and Mrs. Samuel A. Kronick and Mr. and Mrs. Samuel Sobcov.

In memory of Mrs. Minnie Marcus of Toronto, mother of Mrs. Joseph Ginsberg, by Miss Mary Ginsberg, Mrs. Morris Ginsberg and Mr. and Mrs. Harold Rubin.

In memory of Mottel Eliezer Mencer, by his son, Micha.

In honour of the Fiftieth Wedding Anniversary of Mr. and Mrs. Max Nadolny, by Mr. and Mrs. Hy Hochberg and Mr. and Mrs. Samuel Kardish.

In memory of Leon Petegorsky, by Mr. and Mrs. Harold Flagal, Dr. A. Geffen's X-Ray Staff, Beth Israel Hospital, New York, Mrs. Shirley Brodie, Mr. and Mrs. Hy Hochberg, Dr. and Mrs. William Levine of New Rochelle, N.Y., Mr. and Mrs. Morris Zagerman and Mr. and Mrs. Joe Zelikovitz, Island Park Drive.

"Saturday, the Rabbi Went Hungry" by Harry Kemelman presented by Mr. and Mrs. Zachary Rill in honour of another special birthday of the author's mother, Mrs. Dora Kemelman of Cleveland, Ohio.

In memory of David Rubin, by Mr. and Mrs. Harold Rubin.

In memory of Mrs. Anne Sadinsky, by Mrs. Shirley Brodie and children, Emmanuel M. Glatt, Mrs. Pearl Krantzberg, Mr. and Mrs. Maurice Rose, Mr. and Mrs. Archie Sadinsky of Elmira, N.Y., Mr. and Mrs. Kalman Smith, Mr. and Mrs. Herbert S. Zagerman and children, and Mr. and Mrs. Joe Zelikovitz and children.

In memory of Mrs. Fanny Saslove, by Mr. and Mrs. Morton Baslaw and Dr. and Mrs. Lazarus J. Loeb.

In memory of Mrs. Grace Simon of Montreal, sister to Mrs. William Feller, by Mr. and Mrs. Maurice Schwartz.

In memory of David Snowices of Elmira, N.Y., by Mr. and Mrs. Morris Zagerman.

In memory of Mrs. Betty Stotland of Montreal, sister of Abe, Morris, Nathan Palmer and Mrs. Joe Segal, by Mr. and Mrs. Sidney Greenberg.

In memory of Samuel Spunt of Montreal, by his grand-children

## Hillel Lodge Plays Important Role in Lives of Its Residents

When Hillel Lodge opened its doors a year ago to welcome the aged of our Jewish community into a home where they could retire in a Jewish environment with dignity and comfort, many people doubted the wisdom of such an undertaking.

Today, Hillel Lodge has earned the respect and confidence of the Jewish community and is rapidly gaining acceptance amongst those in their "sunset years". This was accomplished through the guidance and counseling of the president, Jackie Horwitz, Q.C., and the untiring efforts of the members of the Board together with the dedicated support of the Ladies Auxiliary, under Mrs. Isaac Belles, who have contributed so many hours of work and service.

Proof that there was a real necessity for such an institution in Ottawa, as envisioned by one of

the original founders Mrs. Abraham Lithwick, is the fact that today there are 21 full time residents, and three "Day Care" residents, for a total of 24. In addition, there are three applications awaiting approval by the admissions committee.

To the many individuals and organizations who have contributed gifts to the Home, Hillel Lodge is grateful and extends its thanks. It may be comforting to know that these gifts are treasured in the hearts of the residents long after the occasion of giving.

As Rosh Hashanah approaches, congratulatory and best wishes messages are being received wishing the residents health and happiness and a long and pleasurable life in the Home. We, at Hillel Lodge, will do our utmost to fulfill these New Year's wishes.



HILLEL LODGE'S MAIN FOYER...



CELEBRATING AN IMPORTANT BIRTHDAY...



ONE OF THE ATTRACTIVE CHEERY ROOMS...

Robin Joy and namesake Stephen Gosewich.

In memory of Mr. Samuel Spunt of Montreal, father of Mrs. Arnold Gosewich, by Mr. and Mrs. Arnold Gosewich.

By Mr. and Mrs. Arnold Swedler, in honour of the birth of their daughter.

In memory of Samuel Torontow, by Gerald Berger and Mr. and Mrs. Morris Zagerman.

In memory of Mrs. Sarah Zelikovitz, by Mr. and Mrs. Hy Hochberg.

In memory of Mrs. Ethel Berlin, by Mr. and Mrs. Morris Zagerman.

## Thoughts on Physical Fitness

by Nathan Schecter, B.Sc., M.D., C.M., F.A.C.P.

First in a series of articles on health by medical practitioners in our community

At a recent meeting of the Health Club Committee of the Jewish Community Centre, one of the members stated that, in his opinion, the main reason why people are attracted to a Health Club is for the purpose of improving their physical appearance. I am sure that many will agree with this observation. It was my comment that as a result of this motivation toward a better developed body, there was a definite improvement in health and a healthy body is the best defense against many diseases which cripple and destroy us.

Why is it then that, with the wonderful facilities to enhance physical fitness available to the public today, there is so much depressed vitality in our midst? To some extent it is because we have become spectators rather than participants in the vigorous life, and many men and women today have been led astray from health by ambitions so strong that they force them to ignore or disregard the associated deterioration of their bodies.

We know from many reports that, despite the increase in man's life span, the nation's standard of health is, to say the least, below average. Not too long ago, the late President John F. Kennedy tried to awaken the American public to the importance of physical fitness and asked physicians and physical educators how best this could be achieved.

As an active participant on the medical scene for over twenty-five years, I can only say that at no time in our history has there been such an enormous expenditure of money on food and drugs that have no real benefit. Tranquillizers, reducing remedies, cold remedies, pain and headache relievers, vitamins, pep pills, sleeping pills are all being sold by shrewd promoters with persuasive advertising gimmicks. The result is that millions of people are living a drugged life,

looking for an easy way to health and avoidance of anxiety.

Some truths are self-evident. He who would live long must cultivate a healthy body. Don't expect to have health without effort; nothing in this world worth anything can be had without paying for it and good health is the prize of constant attention to the needs of the body.

Good health and a good intellect are the two greatest blessings of life and of these, good health is the greatest of all possessions — a blessing that money cannot buy.

The facilities of the Health Club of the Jewish Community Centre compare favorably with any other in our city and efforts are constantly being made to improve them. They and the staff that man them are available to you to show you the pathway to health. Conditioning classes that prepare you for a gradual involvement in the more vigorous aspects of the physical fitness programme and tailored to your personal needs are there for your benefit. A visit to your physician prior to beginning this programme is advised.

Surveying the scene at the Health Club, one can say that there is nothing that will banish worries, pressures and problems more quickly and leave the body more refreshed and the mind alert to handle difficulties sensibly, than an invigorating physical workout and the pleasant social interchange with fellows having similar problems.

There is a time for everything. Let the Health Club lure you away from your television sets, away from sound eating and drinking habits, back to the use of your legs, your muscles, your entire bodies. Regain your energy and vitality through the development of sensible habits of exercise and relaxation at the Centre.

## FROM THE PEN OF DR. PAUL DUDLEY WHITE

One the world's famous heart specialists

"The greatest challenge of public health today is to keep the middle-aged physically fit."

"America is physically unfit as a nation and heart disease is definitely on the increase."

"I have long advocated moderate exercise as one of the best ways to keep the heart in good condition."

"Exercise is one of the best ways to counteract nervous tension and the best antidote is physical activity when one feels tense. Exercise is a retarding factor in the development of the rusting of the arteries. It can helpfully replace most of the tranquilizers and sedatives of today."

"Physical activity is very beneficial. It certainly is so for the physiology of the circulation, for the digestion and for the nerves."

"One is never too old to exercise."

"Most Americans take a holiday from physical fitness between the ages of 18 and 30 — and pay for it the rest of their lives."

"Middle-aged fitness deserves the limelight now. We must not allow the pressures of education of the mind to suppress the essential progress of the maintenance of physical fitness. There is no sense in highly educating the mind of a man who may be a brilliant contributor until his sudden death at 38 or 40, or his crippling at some other age in middle life. It is not only uneconomical, it is a grave mistake. Let us, therefore, while working for the fitness of our minds and souls, not neglect the fitness of our bodies."

"Women can keep their husband alive longer, if they want to, by not treating them like hothouse orchids but by encouraging them to eat less and exercise more."

We suggest the J.C.C. Health Club!



## Banner Year Reported By Camp B'nai B'rith

David Molot, chairman of the B'rith Camp Committee has described the 1966 season just ended as "one of the most successful" in its twenty-one year history. Mr. Molot was speaking at the annual meeting of the Board of Directors held at the camp.

"The community can take a great deal of pride in what has been accomplished on our 100-acre site at Quyon, Quebec," said Mr. Molot. "We tend to take the camp for granted," he continued, "but people who know camps and camping have told us that our staff, program and facilities are on a par with private camps charging a great deal more than the \$450 all-inclusive fee our full-paying campers are charged for the seven week period."

"As a community enterprise," continued Mr. Molot, "we have always maintained a policy that no child is denied attendance because of inability to pay. Our scholarship allowances alone came to over \$7,000 this year. Furthermore, ours is a non-profit operation. Fees are purposely kept within range of the large middle group although the quality of camping we offer attracts children from all economic levels in our community."

Mr. Molot paid tribute to Stephen Victor, the camp director and his staff for an exceptionally fine effort. He thanked the Vaad Ha'Tr, the B'nai B'rith Lodges and Chapters, the Ottawa Hebrew Benevolent Society and the Jewish Aid Society for their moral and financial support and expressed his gratitude to key board members for their dedication to the enterprise.

Mr. Victor in his interim report touched on some of the highlights of the summer. Excerpts from his remarks are quoted hereunder:

"At the first board meeting I attended as Camp Director, I suggested that word be spread throughout Ottawa, that Camp B'nai B'rith is not a second rate camp, that this camp can be compared favourably to any other camp anywhere and that in terms of programming, B'nai B'rith offers the camper a wide range of activities and experiences. The words written in letters to parents, the statements of sincere satisfaction from parents, the happy smiles on the faces of healthy, suntanned children are now proof positive of these facts.

"This is a first rate camp and we are having an excellent camp season out here.

"Our aim was to provide an enjoyable, and healthy summer for the camper in a Jewish setting; a summer in which fun is had and new skills are acquired. These objectives have been accomplished because of three factors:

1. The weather has been next to perfect.
2. The staff members in the main are competent people who are working extremely hard. Their concern for the welfare of the camper and the close relationship established by many staff members with campers, have had rewarding results, especially in the Junior Boy and Girl units. 80% of the staff comes from Ottawa; they are still the backbone of this camp. The 40% from out of town come from Montreal, Toronto, the Ottawa Valley and such places as Sydney, N.S., Fredericton, N.B. and New York City. They have given C.B.B. their knowledge and new ideas.
3. The third factor is that our programming has been varied and original as well as standard.

"The bunk and unit programmes have been intensified. Moreover, this year, we have placed a greater emphasis on the specialty areas — swim instruction, water skiing, canoeing, horseback riding, tennis, and arts and crafts. Because of the excellent weather, all campers have had more time at the specialty areas and thus have received more instruction. All of these areas are functioning at top efficiency. Therefore, most campers are learning to ski, canoe, ride, and swim, and are passing more advanced tests, particularly the Red Cross Tests in swimming and the National Waterskiing Association tests in water skiing.

"The tripping program has been more diversified this year. We have had the standard land overnights and canoeing trips. In the canoeing area, we participated in the Canadian Centennial project covering the Ottawa River area from Quyon to Aylmer. In addition, we have had, for the first time, a bicycle overnight, horseback riding overnights, and a three day bus trip by the Pathfinder Unit to Ausable Chasm in Whiteface Mountain in New York State. The Pathfinder Unit also participated in the annual trip to Stratford.

"In the all camp programme area, we had one major programme in the first half. Yesterday and today was the annual Grey Cup Programme featuring a pep rally, the Miss Grey Cup Contest, the Grey Cup Parade and a Victory Dance. This programme was climaxed by the Grey Cup Game between Camp Achon and Camp B'nai B'rith. By the way, the score was Camp Achon 0, Camp B'nai B'rith 8. The camp programme season will end with our annual Colour War, an intense all camp programme featuring track meets, swim meets, sports events, relays, spelling bees, quizzes and dramatic and modern presentations. Of course, one all-camp programme which will be remembered was the night the Stracatos entertained.

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"A variety of programmes were planned to create a Jewish atmosphere. Regular Sabbath Services were conducted by the campers and supervised by the Camp Rabbi. The services are explained and thus their meaning is understood.

"Our weekly Onegei Shabbat dealt with Jewish subjects either in dramatic or story form. Discussion groups dealt with Jewish themes; we had a number of films and playlets and finally, Hebrew songs and dances were taught.

"In addition allow me to mention two other programme highlights. First, Camp B'nai B'rith for the first time involved itself in an inter-camp competition. We won broomball and volleyball games with Camp Achon, and participated in a four camp swim meet at Camp Achon. Second, the CIT's participated along with 14 other camps in the annual Canadian Maccabiad held at Fitzroy Park. We placed first in the overall sports competition, and came close to Camp Massad as best over-all camp.

"I must point out, however, that new facilities are needed and old facilities need improvement. Moreover, new thinking is required in the organization of personnel, in the area of programme and most important, in the area of building and development. I will attempt to incorporate any recommendations I may have in my final written report.

"Approximately 350 campers have attended Camp B'nai B'rith this season. They came from Ottawa, Ottawa Valley, Montreal, Nova Scotia, New Brunswick, New York, Pennsylvania, New Jersey, and Mississippi. I am extremely pleased to report that they will leave with new skills, experiences, fond memories of Camp B'nai B'rith 1966 and all saying "I have had fun at Camp B'nai B'rith."

Mr. Molot and the members of his Camp Committee have given a great deal of time and effort to make this season a success. All they ask in return is the goodwill and support of the community and of parents who are fortunate to have a camp of this calibre only thirty miles from their homes.

Councillees of the National Council of Jewish Women are having their Annual Coke Trail Party on Sunday, September 18, from 2 to 5 P.M., at the home of Leslie Shaffer, 416 Crestview. All girls 16 as of July 1, 1967 are cordially invited.



J.C.C. DAY CAMP '66

Happy children... fun-filled activities... good supervision... new skills learned... these and many other reasons added up to another fabulous season at the Jewish Community Centre's Day Camp this summer.



## Holidays and School Attendance

Parents and students are asked to note that the school boards and universities in the city have been advised that Jewish students will absent themselves on the following Jewish Holidays when they occur on weekdays during the school year 1966-1967:

### ROSH HASHANAH

Thursday and Friday  
September 15 and 16

### YOM KIPPUR

Saturday, September 24

### SUCCOT

First Two Days:  
Thursday and Friday  
September 29 and 30

Last Two Days:  
Thursday and Friday  
October 6 and 7

### PESACH

First Two Days:  
Tuesday and Wednesday  
April 25 and 26

Last Two Days:  
Monday and Tuesday  
May 1 and 2

### SHAVUOT

Wednesday and Thursday  
June 14 and 15

The school boards have also been requested to arrange that no examinations be held on these days.





## Jewish Community Centre Program Preview-1966-67 Season

For you . . and every member of your family  
Sunday Funday . . For Children and Pre-Teens

Sunday afternoons at the Centre are slated for bigger and better things! Older staff, a tightened supervisory structure and many new indoor and outdoor activities will keep our 5-12 year olds interested and eager this season.

The progress of the individual child will be watched closely as he is exposed to a whole range of activities designed to broaden his interests and teach him new skills. Group projects will be encouraged, hobby leagues will be formed and monthly Sunday specials will become regular features.

Registration for the fall and winter program will take place on Sunday, September 18 and 25 from 10:00-12:00 in the morning and 1:00-4:00 in the afternoon. Parents may also enroll their children on any day or evening on which the Centre is open during the intervening week. The program begins on October 3 and will continue every Sunday thereafter from 2:00 to 5:00 p.m. for 34 consecutive weeks ending May 28.

### Junior High . . Boys 13-15; Girls 13-14; Grades 9, 10

Many nationally-affiliated youth groups which cater to this age group already exist in the Jewish community. Most of them meet in the building and the Centre will gladly continue to offer them its facilities and complete co-operation.

In the belief that more Centre-sponsored groups of a similar type would be wasteful of time, effort and money, the Centre this year intends to concentrate on the social, cultural, athletic and recreational needs of its Junior High members as individuals. The objective will be to bring these boys and girls together in wholesome surroundings for separate and combined programs which they will enjoy and help plan themselves.

The Teen-Age Lounge will be theirs and staff will make them feel wanted and needed. Parents will have a role to play in this effort and the Centre would be happy to hear from any with a genuine desire to help.

### Senior High . . Boys 16-18; Girls 15-17; Grades 11, 12, 13

These busy and active young people have only limited amounts of leisure time and when they are free, they want activities which stimulate and satisfy.

Some will work off their steam in the gym. Others want to talk, dance, relax or do something useful for others. All want to socialize and become part of the gang. The Centre hopes to answer these needs with a program which will attract boys and girls from all parts of the city and make it the liveliest place in town! Among the big plans — a Youth Council and an intercity conference with Montreal, Toronto, Hamilton and Windsor during the Xmas vacation. Want to help? Give Ed Rosenthal a ring at 232-7306.

### Young Adults and University Students . .

In-Coya (In the Company of Young Adults), the name selected by last year's Young Adult Directors is beginning to play an important part in programming for the working young adult and university student. Their regular Sunday night dances with live bands are attracting well over 100 young people every week. This activity is being continued.

While the social component is essential, more and more young men and women are looking to the Centre as the forum for thinking through problems of Jewish identity and the role of the Jewish young adult in our society. Ways and means of translating this interest into meaningful activities are now being studied. Other plans include making the Young Adult Lounge the place to drop into every night of the week.

### Adults . .

In the busy materialistic society in which we live, the Centre feels it is vitally important to place new emphasis on the eternal values of music, art, literature and creative Jewish living.

As part of this season's approach to programming for adult participation, the Centre believes that we have a responsibility to explore the minds of the great thinkers of past and present and provide a forum for the free exchange of ideas.

These objects will be realized through classes, forums, discussions, concerts and exhibitions. The Centre will also strive to bring to the community, people and attractions which will reflect the best in Jewish and general culture — thereby giving new meaning to important leisure hours.

### Health and Physical Education . .

Physical fitness is a precious asset which must be developed and guarded. Ask any expert and he will tell you that regular exercise will make you look years younger and give you a new lease on life.

The Centre has one of the best physical education plants in the city, a Health Club par-excellence and dozens of classes, leagues and activities waiting for you to try them under the supervision of a competent staff.

## Succot Observed Sept. 29 - Oct. 7

The Festival of Succot begins on the evening of the 15th day of Tishre, corresponding this year to Wednesday evening, September 28. It is observed for nine days of which the first two and the last two days are full holidays and the intervening days half holidays.

Referred to also as the Festival of Booths or Tabernacles, Succot is a reminder of the forty years wandering of the children of Israel in the wilderness after their deliverance from Egyptian bondage. During that time they were compelled to live in tents or building booths wherever they stopped.

The succah or booth is a small tabernacle built of wood or canvas and is covered with branches of trees and plants so that the heavens and the stars are visible overhead.

In biblical days, the festival was celebrated by giving thanks to the Almighty for the bounties of the land.

The eighth day of the festival (Thursday, October 6) is called Shemini Atzeret (the Eighth Day of Solemn Assembly). On that day the Scroll of Ecclesiastes is read to remind people of the transient character of life, memorial services for the departed are recited and a prayer is offered so that the earth may produce bountiful crops next year.

The ninth day, Simchat Torah is the most joyous day of the festival as it marks the annual completion and commencement of the reading of the Law in the Synagogue.

## Candle Lighting

For Erev Rosh Hashanah

For Eve of Rosh Hashanah II

For Erev Succot

For Eve of Shemini Atzeret

For Eve of Simchat Torah

Baruch ata Adonai Eloheinu melech ha-olam asher kiddeshanu b'mitzvotav v'tzivanu l'hadik neir shel Yom Tov.

Baruch ata Adonai Eloheinu melech ha-olam she-heche-yanu v'kimanu v'higianu lazman hazeh.

For Yom Yippur

Baruch ata Adonai Eloheinu melech ha-olam asher kiddeshanu b'mitzvotav v'tzivanu l'hadik neir shel Shabbat v'shel Yom Hakkipurim.

Baruch ata Adonai Eloheinu melech ha-olam she-heche-yanu v'kimanu v'higianu lazman hazeh.

### Schedule

(Erev Rosh Hashanah)  
September 14 6:57 p.m.

(Eve of Rosh Hashanah II)  
September 15 After 7:55 p.m.

(Eve of Shabbat Shuvah)  
September 16 Before 6:53 p.m.

(Erev Yom Kippur)  
September 23 Before 6:39 p.m.

(Erev Succot)  
September 28 6:30 p.m.

(Eve of Succot II)  
September 29 After 7:30 p.m.

(Eve of Shabbat Chol Hamoad)  
September 30 Before 6:26 p.m.

(Eve of Shemini Atzeret)  
October 5 6:16 p.m.

(Eve of Simchat Torah)  
October 6 After 7:15 p.m.

(Eve of Shabbat Bereshit)  
October 7 Before 6:12 p.m.  
October 14 Before 6:00 p.m.

## New Centre Program Director Will Plan Activities For All Age Groups

New York-born Edward B. Rosenthal arrived in Ottawa with his wife and two-year old son during the middle of July to assume the position of program director of the Jewish Community Centre.

In that capacity, Mr. Rosenthal will be responsible for all program activities including the elementary, pre-teen, teenage, young adult and adult divisions.

Mr. Rosenthal comes to Ottawa from Brockton, Mass. where he served as the New England Regional Director of the National Conference of Synagogue Youth.

He is a graduate of Yeshiva University and has done post-graduate work in education and social work. In addition to his teaching experience, he was on the staff of the Yonkers and Kingsbridge Heights Jewish Community Centres in New York. He has had considerable camping experience and is an accomplished swimmer and athlete.



Edward B. Rosenthal

Mr. Rosenthal looks forward to the opportunity of serving the community and will gladly welcome suggestions from parents and members.

## THE GOLDEN AGE CLUB

sponsored by

The Ottawa Section, National Council of Jewish Women  
in co-operation with the Jewish Community Centre

invites you to

participate in its regular Monday afternoon activities  
from 1:30 to 4:00 p.m.

Beginning September 19

Come and bring your friends. New members are welcome.

For further information call

MRS. HARRY A. ROODMAN 233-1549

We're open for

## PROGRAM REGISTRATION

### SUNDAY FUNDAY

(Children and Pre-Teens 5-12)

Sunday, September 18

Sunday, September 25

10:00 — 12:00 and 1:00 — 4:00

Weekdays, September 19 through 26

9:00 — 5:00 and 7:00 — 9:00

### JR. HIGH REGISTRATION DANCE

Boys 13-15

Girls 13, 14

Featuring THE TOWNSMEN

Sunday, September 18

3:00 — 6:00 p.m.

Members free

Non-Members, \$1.00